



## Purpose and Value of Community Service:

One of our core values at Mountainside is that “together, we CONNECT with our local and global communities”. Through our Community Service requirement, our students fulfill that purpose, and through the specific activities they PURSUE, they gain valuable skills and experiences to build their career readiness.

## Checklist

- Step 1:** Pick up a Community Service Pre-Approval and Reflection Form.
  - Forms are available in the Counseling Office or through the MHS Students Course in Canvas.
- Step 2:** Describe your proposed Community Service Activity (see page 2). Remember to include the name of the organization/group with which you will be volunteering.
- Step 3:** Request Staff Pre-Approval of your proposed Community Service Activity (see page 2).
  - Staff who can pre-approve activities include: Advisory teachers, Counselors, Mrs. Mishkin in the College and Career Center, and Mrs. Ochoa in the Counseling Office.
- Step 4:** Talk with your family; ask them to sign the Parent/Guardian Agreement (see page 2).
- Step 5:** Participate in your Community Service Activity.
- Step 6:** Request that the Activity Supervisor complete the Confirmation of Activity Completion (see page 2). Remember to include the number of hours completed and the date of the activity.
- Step 7:** Complete the Student Reflection Questions (see page 2).
- Step 8:** Complete the Hour Log if volunteering at the same location over multiple days.
  - Complete this step ONLY IF NEEDED.
  - Hour Log forms are available in the Counseling Office or or through the MHS Students Course in Canvas.
- Step 9:** Turn completed form(s) into the Counseling Office.



**STEP 2: ACTIVITY DESCRIPTION**

Student's Name:	ID#:
Advisory Teacher (please print):	Graduation Year:
Proposed activity (please describe): _____ _____ _____	

**STEP 3: STAFF PRE-APPROVAL**

Staff Signature:	Date:
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**STEP 4: PARENT/GUARDIAN AGREEMENT**

I, the parent/guardian of the above named student, approve his/her participation in this Community Service activity. By signing this form I understand and agree to indemnify and hold harmless the Beaverton School District, its agents and employees from any loss, damage, injury, claim or demand arising from any activity related to or in conjunction with Community Service activities that take place at a non-BSD location. I understand that the Beaverton School District will not provide supervision, background checks, or instruction for any non-BSD sponsored Community Service opportunity, and by signing below I acknowledge and accept those risks on my own behalf as well as for my child.

Parent/Guardian Signature:	Date:
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**STEP 6: CONFIRMATION OF ACTIVITY COMPLETION**

I confirm that the student participated in the activity described above on the following date(s):  
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Total Hours Completed:	Date:
Student's Signature:	
Supervisor's Signature:	

**STEP 7: STUDENT REFLECTION QUESTIONS**

Attach a typed or handwritten reflection for the Community Service activity you completed. Be sure to address the following questions:

1. Briefly describe the activity you were involved with and the tasks you performed.
2. How did your efforts benefit the community/school/organization or individual served?
3. How did this activity reflect Mountainside's values of **CONNECT, EXPLORE** or **PURSUE**?
4. Describe one new skill (communication, teamwork, time management, organization, compassion, etc) you learned from this activity and how you could use it later in life?
5. OPTIONAL: post a picture on social media of the service activity with the hashtag #MavUP!

