



**OREGON** 

# Resource and Referral List

(Updated 08/31/2017)

#### **INFORMATION AND REFERRAL**

For up to date information about agencies and services in the Portland Metro Area: 211 Info 211 or (503) 222-5555

## **CASH ASSISTANCE/FOOD STAMPS**

State of Oregon: Department of Human Services

Beaverton – 12901 SW Jenkins Road, Suite B, Beaverton	503-646-9952 or 503-641-2319 TTY
Hillsboro – 5350 NE Elam Young Pkwy. Hillsboro	503-648-8951 or 503-648-0542 TTY
Tigard – 10777 SW Cascade Ave. Tigard	503-670-9711 or 503-670-0246 TTY

#### **CRISIS LINES**

Bradley-Angle House Domestic Violence Hotline	503-281-2442
Domestic Violence Resource Center 24 Hour Hotline	503-469-8620
Immigrant and Refugee Community Org. (IRCO) Crisis Line	503-445-1446
National Domestic Violence Hotline	1-800-799-7233
National Runaway Switchboard	1-800-786-2929
Northwest Human Services Crisis & Information	1-800-560-5535
Oregon SAFENET	1-800-723-3638
Poison Control	1-800-222-1222
Portland Women's Crisis Line	503-235-5333
RAIN (Rape, Abuse & Incest National Network)	1-800-656-4673
Rape Crisis Center	503-640-5311
Sexual Assault Resource Center	503-640-5311
Suicide Crisis Line	1-800-560-5535
Washington County 24 Hour Crisis Line	503-291-9111

### **HELP LINES and INFORMATION & REFERRAL**

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24-hour Providence Nurse Line	503-216-6520
Adult & Family Services	503-693-1833
Alcohol and Drug Helpline	1-800-621-1646
Clackamas County Social Services I&R	503-794-8066
Clark County Human Service Council I&R	360-694-8899
Community Action Organization	503-648-6646
Domestic Violence Resource Center 24 Hour Hotline	503-469-8620
HIV/AIDS Hotline (Cascade AIDS Project)	1-800-777-2437
Parents Anonymous	503-258-4557
Pregnancy Talk Line	1-800-342-6688
SU FAMILIA – National Hispanic Family Health Helpline	1-866-783-2645

This list has been provided as a public service by: Department of Housing Services

111 NE Lincoln Street, Suite 200-L, MS 63, Hillsboro, OR 97124-3072 (503) 846-4794 • fax (503) 846-4795 • TTY dial 711

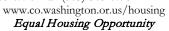
www.co.washington.or.us/housing

Equal Housing Opportunity



CHILDREN'S SERVICES & CHILD CARE  A Child's Place – Bilingual Child Care Boys & Girls Aid Society Child Care Resource & Referral of Washington County Child Development and Rehabilitation Center Early Head Start Early Intervention Hillsboro Boys and Girls Club National Child Abuse Hotline New Parent Network	503-648-8413 503-641-7820 971-223-6100 503-494-8095 503-693-3262 503-262-4250 503-640-4558 1-800-422-4453 503-846-4746
Services to Children and Families  CLOTHING  Beaverton 7th Day Adventist Church Catholic Charities Community Action Organization Forest Grove 7th Day Adventist Church Hillsboro 7th Day Adventist Church Play it Again Clothing (CAO) Sunset Presbyterian Church	503-648-8951 503-646-9828 503-231-4866 503-648-6646 503-357-9797 503-648-3922 503-644-7692 503-292-9293
COMMUNITY SERVICE CENTERS/MULTI-SERVICE Beaverton Family Resource Center Centro Cultural Forest Grove Family Resource Center Hillsboro Family Resource Center Immigrant and Refugee Community Organization (IRCO) Love INC Greater Beaverton Love INC Greater Hillsboro Love INC Tigard, Tualatin and Sherwood Lutheran Community Services Outside-In William Temple House	503-649-0367 503-359-0446 503-359-2598 503-844-1063 503-234-1541 503-336-5946 503-648-0700 503-443-6888 503-294-2447 503-535-3860 503-226-3021
COUNSELING & GUIDANCE Cascadia Behavioral Healthcare Domestic Violence Resource Center Lutheran Community Services Northwest Men's Resource Center Open Door Counseling Center Oregon Family Support Network Pacific University Clinic Portland State University: Counseling Clinic Services to Children and Families Trauma Intervention Program (TIP) LifeWorks Northwest	503-648-0753 503-469-8620 503-924-2447 503-235-3433 503-640-6689 503-363-8068 503-352-2400 503-725-4620 503-648-8951 503-823-3937 503-645-3581

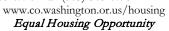
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Washington County Conciliation Services Women's Psychiatric Resource Center	503-648-3428 503-629-2131
Youth Contact	503-640-4222
DOMESTIC VIOLENCE and STALKING - Shelters, Hotling	es & Support
Bradley-Angle House – Portland	503-281-2442 or 503-232-1528
Clackamas Women's Services 24 Hour Crisis Line	503-654-2288
Domestic Violence Resource Center - Washington County	503-469-8620 or 866-469-8600
National Domestic Violence Hotline	800-799-7233
Portland Women's Crisis Line	503-235-5333 or 888-235-5333
Salvation Army West Women's and Children's Shelter	503-224-7718
Sexual Assault Resource Center Crisis Line	503-640-5311
Stalking Resource Center Victim Assistance Line	800-394-2255
Oregon Coalition Against Domestic & Sexual Violence	503-235-5333 or 888-235-5333
DRUG & ALCOHOL – Treatment & Support	
Al-Anon/Alateen	503-292-1333
Alcoholics Anonymous (AA)	503-223-8569
ChangePoint	503-350-2758
CODA	503-239-8400
DePaul Treatment Centers	503-535-1151
Families Anonymous	1-800-736-9805
Gambler's Anonymous	503-233-5888
Mountaindale Recovery Center	503-647-0165
Narcotics Anonymous	503-727-3733
Network Behavioral Healthcare	503-641-2058
Providence Health System	503-215-1550
Tigard Recovery Center	503-624-0312
Tualatin Valley Centers	503-645-3581
Youth Contact	503-640-4222
FOOD	
Brown Bag/Tualatin Valley Gleaners	503-439-6510
Care to Share	503-292-4094
Community Action Organization (after 6pm & weekends)	503-640-3263
Loaves and Fishes	503-643-8352
Neighborshare	503-598-0505
Oregon Food Bank	503-439-6510
Salvation Army	503-640-4311
St. Anthony's Church (Forest Grove)	503-357-9647
Sunshine pantry	503-646-6856
SVDP Aloha	503-648-5097
Tree of Life Food Pantry	503-848-2420
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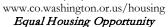
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FOOD & CLOTHING	
Holy Trinity Clothes and Food Closet	503-641-1842
St. Francis Church (Sherwood)	503-625-7067
St. Matthew's Catholic Church (Hillsboro)	503-648-1693
<u>HEALTH</u>	
American Cancer Society	503-295-6422
American Heart Association	503-233-0100
American Lung Association	503-545-5864
Cascadia Behavioral Healthcare	503-648-0753
Cascade AIDS Project	503-223-5907
Oregon Health Plan	1-800-359-9517
Planned Parenthood	503-646-8222
Pregnancy Talk Line	1-800-342-6688
SU FAMILIA – National Hispanic Family Health Helpline	1-866-783-2645
Tuality Health Education Center	503-681-1700
Portland Veteran's Medical Center	503-220-8262
Hillsboro Veteran's Community-Based Outpatient Clinic	503-906-5000
Virginia Garcia Memorial Health Center	503-359-5564
Washington County Health & Human Services (immunizations)	503-846-8851
WIC (Women, Infants & Children)	971-673-0040
Dental:	
Dental Access Program	503-988-6942
Virginia Garcia Dental Clinic	503-359-8505
Disability/Mental Health:	
Albertina Kerr Center, Inc.	503-255-4205
Imagine Possibilities	503-649-6110
NAMI (National Alliance on Mental Illness)	503-356-6835
Oregon Disabilities Commission	503-945-5949
Oregon Senior and Disabled Services	503-627-0362
Quiet Waters Outreach	503-620-8288
Tualatin Valley Mental Health Crisis Line	503-291-9111
Washington County Adult Mental Health	503-846-8881
Washington County Developmental Disabilities	503-846-4737
Women's Psychiatric Resource Center	503-629-2131
women's 1 sychiatric resource center	303-027-2131
Suicide Prevention and Mental Health 24 Hour Crisis Lines	
Clackamas County	503-655-8401
Multnomah County	503-988-4888 or 800-716-9769
Washington County	503-291-9111
National Suicide Prevention Hotline	800-273-TALK (8255)
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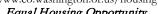


## **HOUSING**

Emergency Assistance for Homeless or at Risk of Homelessness  Community Connect	503-640-3263
•	303-040-3203
<u>Home Buying, Rehabilitation, and Other Housing Help</u> CASA of Oregon	503-537-0319
Clean Energy Works	855-870-0049
Department of Housing and Urban Development (HUD)	971-222-2600
Habitat for Humanity	503-287-9529
Home Access - Repair for the Disabled and Elderly	503-846-8897
HUD Home Buying Programs	503-326-2671
Portland Housing Bureau	503-823-2375
Portland Housing Center	503-282-7744
Rebuilding Together	503-644-4544
Washington County Department of Housing Services	503-846-4794
Weatherization Program (CAO)	503-693-3258
Willamette West Habitat For Humanity	503-844-7606
Willamette West Habitat: A Brush With Kindness	503-844-7606
Landlord/Tenant Issues:	
Community Alliance of Tenants (CAT)	503-288-0130
Dispute Resolution Center	503-526-2523
Fair Housing	503-223-8295
HUD Housing Discrimination Hotline	1-800-424-3247
Landlord/Tenant Hotline	503-648-7723
Legal Aid Services of Oregon (LASO)	503-648-7163
Renter's Rights Hotline (Community Alliance of Tenants)	503-288-0130
Tel-Law Oregon State Bar Association	1-800-452-4776
Shelters and Transitional Housing:	
Bradley-Angle House	503-281-2442
Good Neighbor Center	503-443-6084
Hillsboro Family Shelter (CAO)	503-640-3263
Interfaith Hospitality Network	503-640-3263
Monika's House	503-469-8620
Portland Rescue Mission	503-227-0421
Raphael House	503-222-6222
Rose Haven	503-248-6364
Straight Ahead Shelter	503-357-7543
Transition Projects, Inc.	503-823-4930
Volunteers of America Family Center Shelter	503-232-6562
West Women's Shelter – Salvation Army	503-224-7718

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<u>LEGAL SERVICES</u>	
	29-6565
Court Appointed Special Advocates 503-8	346-8307
	526-2523
Legal Aid Services of Oregon (LASO) 503-6	48-7163
Legal Aid Public Benefits Hotline 503-2	241-4111
Oregon Human Rights Coalition 503-7	71-9308
Oregon Legal Services 503-6	48-7163
St. Matthew's Legal Clinic 503-6	48-1600
Restraining Orders 503-6	40-5352
Tel-Law Oregon State Bar Association 1-800	-452-4776
LAW ENFORCEMENT	
Emergencies 911	
9	526-2260
Hillsboro Police 503-6	81-6190
Washington County Sheriff's Office 503-8	346-2700
TRANSPORTATION	
	280-1445
±	528-1720
	238-RIDE
	226-0700
<u>UTILITIES</u>	10 ((1)
0, /	48-6646
	515-0771
1 7 7 0	0-422-4012
J .	228-6322 540-4311
J	
St. Vincent DePaul 503-0	548-5097
VETERAN'S SERVICES	
Department of Veterans, Aging and Disability Services 503-8	346-3060
• • • • • • • • • • • • • • • • • • • •	20-8262
	06-5000
Hillsboro Veteran's Community-Based Outpatient Clinic 503-9	00-3000

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